

2 Aging Bodies



WHAT NEEDS TO CHANGE

- Sexual health must be part of routine care at every age, not dropped as patients get older.
- Prevention campaigns must reflect the reality that people remain sexually active across the lifespan.



WHAT YOU CAN DO

Older adults: Your sexual health is legitimate. Raise it with your provider.

Health professionals: Ask. Don't assume age ends the conversation, the evidence says it doesn't.



LEARN MORE

Cameron, J. & Santos-Iglesias, P. (2024). Sexual Activity of Older Adults: A Systematic Review of the Literature. *International Journal of Sexual Health*, 36(2), 145–166.

www.tandfonline.com/doi/abs/10.1080/19317611.2024.2318388



World Sexual Health Day (WSHD) is celebrated every year on September 4. The World Association for Sexual Health (WAS) launched the first WSHD in 2010, to bring the global community together to promote sexual health and well-being.

